


NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM	ANIMAL FLOW CARLOS						
	8:30AM OPEN LEVEL REFORMER (LADIES) MENNAT	8:50AM BTB ADVANCED (LADIES) NADIA/ANISSA	8:30AM OPEN LEVEL REFORMER (LADIES) SUZI C	8:50AM BTB ADVANCED (LADIES) NADIA/ANISSA	8:30AM OPEN LEVEL REFORMER (LADIES) STINE		
	8:45AM BTB DANCE CARDIO (LADIES) ANISSA		8:45AM BTB BOUNCE (LADIES) ANYA				
	8:45AM VINYASA FLOW (LADIES) VIDYA		8:45AM BTB CONTROL (LADIES) MENNAT				
9:00AM	9:30AM ATHLETIC REFORMER (LADIES) ANYA	ATHLETIC REFORMER (LADIES) ANYA	9:30AM ATHLETIC REFORMER (LADIES) ANISSA	VINYASA AND MEDITATION (LADIES) CECILIA	TOWER REFORMER (LADIES) ANYA	9:15AM ADULT BALLET INTERMEDIATE/ADVANCED LUCAS	OPEN LEVEL REFORMER DAPHNE
	9:30AM ATHLETIC REFORMER (LADIES) ANITA	ATHLETIC REFORMER (LADIES) ANITA		9:30AM OPEN LEVEL REFORMER (LADIES) ANYA	YOGA SHRED (LADIES) CECILIA		OPEN LEVEL REFORMER SUZI C
				9:30AM ATHLETIC REFORMER (LADIES) ANITA			
10:00AM	BTB CONTROL (LADIES) MENNAT	BTB MAT (LADIES) MENNAT	YIN YOGA (LADIES) ANGELA		10:15AM BTB BARRE (LADIES) ANYA		FOUNDATION REFORMER SUZI C
		OPEN LEVEL REFORMER (LADIES) ANITA	10:30AM OPEN LEVEL REFORMER (LADIES) ANYA		10:15AM FASCIA FLOSS (LADIES) VIDYA		OPEN LEVEL REFORMER DAPHNE
		10:15AM BTB BARRE (LADIES) ANYA	10:30AM FOUNDATION REFORMER (LADIES) SUZI C		10:30AM OPEN LEVEL REFORMER (LADIES) LILLIAN		
					10:45AM PRENATAL YOGA (LADIES) SELENA		
11:00AM/LUNCH		12:00PM ADULT BALLET INTERMEDIATE/ADVANCED LUCAS	12:00PM CONTEMPORARY DANCE LILLIAN			11:00AM HATHA VINYASA SHAHAD	ATHLETIC REFORMER SUZI C
4:00PM		PRENATAL REFORMER (LADIES) SUZI C			4:30PM ASHTANGA VINYASA MIXED SERIES JOELLE		
5:00PM	PRENATAL REFORMER (LADIES) ANITA	ATHLETIC REFORMER (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	ATHLETIC REFORMER (LADIES) ANYA	YOGALATES (LADIES) ODETTE		
		ATHLETIC REFORMER (LADIES) STINE	5:30PM YOGALATES (LADIES) ODETTE	FOUNDATION REFORMER (LADIES) SUZI C			
6:00PM	OPEN LEVEL REFORMER (LADIES) LILLIAN	ANIMAL FLOW CARLOS	BTB BARRE (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA			POWER YOGA MICHAEL
	OPEN LEVEL REFORMER (LADIES) STINE	ATHLETIC REFORMER (LADIES) ANYA	FOUNDATION REFORMER SUZI C	OPEN LEVEL REFORMER CARLOS			
	6:30PM HATHA FLOW ALEXANDRA	OPEN LEVEL REFORMER SUZI C	OPEN LEVEL REFORMER (LADIES) DAPHNE	POWER FLOW MICHAEL			
		PRENATAL YOGA (LADIES ONLY) CHAITHRA		6:30PM BEGINNER YOGA CHAITHRA			
		6:15PM BEGINNER YOGA SHAHAD					
7:00PM	ATHLETIC REFORMER ANGELA	OPEN LEVEL REFORMER CARLOS	ATHLETIC REFORMER (LADIES) ANGELA	ATHLETIC REFORMER (LADIES) SUZI C	 <p>CLASSES ARE SUBJECT TO CHANGE AT LAST MINUTE ALWAYS CHECK THE ONLINE SCHEDULE VIA MINDBODY OR VISIT OUR WEBSITE WWW.BODYTREESTUDIO.COM</p>		
	OPEN LEVEL REFORMER (LADIES) DAPHNE	FOUNDATION REFORMER SUZI C	OPEN LEVEL REFORMER (LADIES) SUZI C	ATHLETIC REFORMER CARLOS			
	PILATES MAT FLOW LILLIAN	7:15PM HATHA INTERMEDIATE MICHAEL					
		7:15PM ADULT BALLET INTERMEDIATE LILLIAN					