

# APRIL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>7:00AM &amp; 8:00AM</b>	<b>8:30AM</b> HATHA FLOW YOGA (LADIES) RIA	<b>8:50AM</b> BODYTREE BODY (LADIES) NADIA/ANISSA	<b>7:30AM</b> OPEN LEVEL REFORMER (LADIES) SUZI C	<b>8:50AM</b> BODYTREE BODY (LADIES) NADIA/ANISSA	<b>8:15AM</b> BTB CONTROL (LADIES) SHIREEN		
	<b>8:30AM</b> OPEN LEVEL REFORMER (LADIES) MENNAT		<b>8:30AM</b> OPEN LEVEL REFORMER (LADIES) SUZI C		<b>8:30AM</b> OPEN LEVEL REFORMER (LADIES) STINE		
	<b>8:45AM</b> BTB DANCE CARDIO (LADIES) ANISSA		<b>8:45AM</b> BTB CONTROL+ (LADIES) MENNAT				
	<b>8:45AM</b> KRAMA YOGA (LADIES) VIDYA		<b>8:45AM</b> SPIRAL VINYASA (LADIES) VIDYA				
<b>9:00AM</b>	<b>9:30AM</b> ATHLETIC REFORMER (LADIES) ANYA	<b>ATHLETIC REFORMER (LADIES)</b> ANYA	<b>9:30AM</b> OPEN LEVEL REFORMER (LADIES) ANYA	<b>YIN/YANG VINYASA &amp; MEDITATION (LADIES)</b> CECILIA	<b>TOWER REFORMER (LADIES)</b> ANYA	<b>9:15AM</b> ADULT BALLET INTERMEDIATE/ADVANCED LUCAS	<b>OPEN LEVEL REFORMER</b> DAPHNE
	<b>9:30AM</b> ATHLETIC REFORMER (LADIES) ANGELA	<b>ATHLETIC REFORMER (LADIES)</b> STINE	<b>9:30AM</b> ATHLETIC REFORMER (LADIES) SUZI C	<b>9:30AM</b> OPEN LEVEL REFORMER (LADIES) ANYA		<b>9:30AM</b> HATHA FLOW NADINE	<b>OPEN LEVEL REFORMER</b> SUZI C
				<b>9:45AM</b> ATHLETIC REFORMER (LADIES) STINE			
<b>10:00AM</b>	<b>BTB CONTROL+ (LADIES)</b> MENNAT	<b>BTB MAT (LADIES)</b> MENNAT	<b>YIN YOGA (LADIES)</b> ANGELA	<b>10:30AM</b> RESTORE & RENEW (LADIES) SUZI C	<b>10:15AM</b> BTB BARRE (LADIES) ANYA		<b>FOUNDATION REFORMER</b> SUZI C
		<b>OPEN LEVEL REFORMER (LADIES)</b> ANITA	<b>10:30AM</b> FOUNDATION REFORMER (LADIES) SUZI C		<b>10:30AM</b> OPEN LEVEL REFORMER (LADIES) LILLIAN		<b>OPEN LEVEL REFORMER</b> DAPHNE
		<b>RADIANT FLOW (LADIES)</b> CECILIA			<b>10:45AM</b> PRENATAL YOGA (LADIES) SELENA		
<b>10:15AM</b> BTB BARRE (LADIES) ANYA							
<b>11:00AM</b>						<b>HATHA VINYASA FLOW</b> SHAHAD	<b>ATHLETIC REFORMER</b> SUZI C
<b>12:00PM</b>		<b>ADULT BALLET INTERMEDIATE/ADVANCED</b> LUCAS	<b>CONTEMPORARY DANCE</b> LILLIAN				
<b>4:00PM</b>		<b>PRENATAL REFORMER (LADIES)</b> SUZI C			<b>4:30PM</b> ASHTANGA VINYASA MIXED SERIES JOELLE		
					<b>4:30PM</b> PRENATAL REFORMER (LADIES) SUZI C		
<b>5:00PM</b>	<b>PRENATAL REFORMER (LADIES)</b> ANITA	<b>ATHLETIC REFORMER (LADIES)</b> ANYA	<b>OPEN LEVEL REFORMER (LADIES)</b> ANYA	<b>FOUNDATION REFORMER (LADIES)</b> SUZI C			
				<b>ATHLETIC REFORMER (LADIES)</b> ANYA			
<b>6:00PM</b>	<b>BTB CONTROL (LADIES)</b> SHIREEN	<b>ANIMAL FLOW</b> CARLOS	<b>BTB BARRE (LADIES)</b> ANYA	<b>OPEN LEVEL REFORMER (LADIES)</b> ANYA			<b>POWER YOGA</b> MICHAEL
	<b>OPEN LEVEL REFORMER (LADIES)</b> LILLIAN	<b>ATHLETIC REFORMER (LADIES)</b> ANYA	<b>FOUNDATION REFORMER</b> SUZI C	<b>OPEN LEVEL REFORMER</b> CARLOS			
	<b>6:30PM</b> HATHA FLOW ALEXANDRA	<b>OPEN LEVEL REFORMER</b> SUZI C	<b>OPEN LEVEL REFORMER (LADIES)</b> DAPHNE	<b>POWER YOGA</b> MICHAEL			
		<b>PRENATAL YOGA (LADIES)</b> CHAITHRA	<b>6:30PM</b> HATHA FLOW NADINE	<b>6:30PM</b> BEGINNER YOGA CHAITHRA			
		<b>6:15PM</b> YOGA FOUNDATIONS SHAHAD					
<b>7:00PM</b>	<b>ATHLETIC REFORMER</b> ANGELA	<b>FOUNDATION REFORMER</b> SUZI C	<b>ATHLETIC REFORMER (LADIES)</b> ANGELA	<b>ATHLETIC REFORMER (LADIES)</b> SUZI C			
	<b>OPEN LEVEL REFORMER (LADIES)</b> DAPHNE	<b>OPEN LEVEL REFORMER</b> CARLOS	<b>OPEN LEVEL REFORMER (LADIES)</b> SUZI C	<b>ATHLETIC REFORMER</b> CARLOS			
	<b>PILATES MAT FLOW</b> LILLIAN	<b>7:15PM</b> ADULT BALLET INTERMEDIATE/ADVANCED LILLIAN					
		<b>7:15PM</b> HATHA INTERMEDIATE MICHAEL					



**bodytree**  
WELLNESS

CLASSES ARE SUBJECT TO CHANGE AT LAST MINUTE

ALWAYS CHECK THE ONLINE SCHEDULE VIA MINDBODY

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